



PROVIDENCE CATHOLIC HIGH SCHOOL

1800 W. Lincoln Highway • New Lenox, Illinois 60451 • (815) 485-2136 • www.providencecatholic.org

GUIDANCE DEPARTMENT

Dear Student,

December 2011

Perhaps a lot of what we learn comes not from books but from our peers. We try out our ideas on friends, ask them for direction and turn to them when things do or don't work out. This is the idea behind a support group.

For students whose families have experienced a divorce, the death of a loved one and/or a remarriage, support groups will be forming here at Providence. It's a great place to talk with other kids living with the same concerns as yourself. It will be an opportunity to talk with others about what has happened in your life. You may even find some solutions to the dilemmas you may have faced or share with others those solutions you've discovered.

Here's how it works. Please fill out the form below if you are interested in joining Spectrum. It is the high school version of Rainbows For All God's Children. Return the completed form to your Theology teacher or the Guidance Center by **Thursday, December 8**. Small groups will meet primarily during study halls once a week for twelve weeks beginning in a few weeks, at the start of second semester. Some students may have to miss a class to participate and will be responsible for the work they miss in that class. At the end of the twelve weeks, all of the groups will spend several hours together for a Wrap Up Day. Students involved in Spectrum last year may participate again this year.

Sincerely,

Mrs. Ryan
Director of Guidance



Please Print:

Name _____ Year in school _____

Second Semester

Study Period _____ Divorce in Family? _____

Death of Parent? _____ Death of Brother or Sister? _____

Death of Friend? _____ Other Loss (Explain): _____

Were you in Spectrum at Providence last year? _____

PARENT'S PERMISSION:

I hereby give my son/daughter _____
permission to take part in Spectrum support groups at Providence

Date: _____ Signature: _____