## Dear Parents,

As students progress through first semester and review academic demands and performance, please note the academic workshop presented by Dr. Gerry Lozeau, GPA<sup>+</sup> Solutions, will once again be available as an optional resource for interested students. He has consulted with Providence since 2001 and this will be the sixth year for conducting these specialized learning sessions for Providence Catholic students. (www.gpaplussolutions.com - you are invited to contact Dr. Lozeau directly with specific questions)

This workshop emphasizes study-reading techniques, note-making, pre-reading, and having a study system all serving as sound preparation skills for class discussion, as well as reducing time and energy devoted to last minute cramming for exams. It provides an opportunity to develop stronger long-term reading and study strategies; i.e., learning how to learn. Recent research on the most effective study techniques is provided so students might better appreciate why some study strategies they are using may be helpful, while others may not be worth their time and effort.

Each year, top students who spend considerable time to achieve good grades comment about the practical advice they acquired that saves them time, while enhancing efficiency and productivity. Other students recognize that they need the timely and specific assistance provided. Participants will receive a folder of handouts helpful for review.

The workshop fee is \$125.00 and payment is explained in the registration form. For siblings or parents of registered students, the fee for each additional family member is \$75.00. Please note your first and second choices of the available workshops and return the form to the Main Office so we might have an indication of attendance in each session. Every effort is made to accommodate first choice selections. Please be sure to remind your student in advance of their scheduled session day and time.

- Wednesday, October 19, 1:00 3:15 p.m. (NO LUNCH PROVIDED. Please bring a lunch that day)
- Thursday, October 20, 2:45 5:00 p.m.
- Friday, October 21, 2:45 5:00 p.m.
- Saturday, October 22, 9:00 11:15 a.m.
- Saturday, October 22, Noon 2:15 p.m.

Written comments from students and parents who have attended the workshop in past years have been positive about the convenience of the one-time session, the intensity of the presentation, the workshop content, and materials provided. Parents who participate find the experience helpful in a number of ways. It is reasonable to expect that these sessions will certainly be of more value for students who are interested and willing to actively listen and participate, not unlike their regular classes or any extra courses or athletic camps they might attend.

You are welcome to invite friends and students from other schools to take advantage of this opportunity if space is available. We look forward to accommodating as many students as we can in each of the class options.

Sincerely

Mrs. Janlyn Auld Assistant Principal

## GPA<sup>+</sup> SOLUTIONS WORKSHOP REGISTRATION PROVIDENCE CATHOLIC HIGH SCHOOL

lease Register:				
NAME:				
SCHOOL:				
CURRENT GRADE:				
Workshop Session:				
FIRST CHOICE:				
SECOND CHOICE:				
PARENT NAME:				
STREET ADDRESS:				
CITY:	STATE:	_ ZIP CODE:		
Tel: (H)	Cell:			
EMAIL:				
PAYMENT				
Check enclosed for \$	payable to <b>GPA<sup>+</sup> Solutions</b>			
Charge total fee of \$	to (circle one)	: Visa Master Carc	AMEX	Discover
Cardholder Name (Print):				
Card Number:		Expiration Date	2:	
Signature:	Security Code:			