

FRESHMAN ACTS HOURS

The freshman A.C.T.S. (A Call to Serve) program integrates the core Augustinian Values of truth, unity and love. The spirit of Christian service is certainly thriving within you, nurtured by your faith, family and friends. Therefore, the goal of this project is to simply recognize and acknowledge that which you are no doubt already doing acts of charity and kindness toward others. Additionally, this project gives you a chance to reflect upon the importance of giving of yourself for the benefit of your family and the larger community.

GUIDELINES

1. **Service Hours:** Freshmen are responsible for **10** hours of volunteer service. The service hours may to be completed at home, at church, at Providence Catholic (**up to 5 hours only**), or at any legitimate community charity (approved in advance by the Freshman A.C.T.S. Coordinator). Because this is a service project, you may not receive any type of compensation for it (money, gifts, etc.). Any hours must have been completed after June 1st, 2023 and before the final due date.
2. **Service verification sheet:** This sheet will detail the service completed, including verification from both supervisors and parents. This sheet must be completed in full and submitted with the reflection paper. It can be found on the Providence website or copies in Room 109 in file folder by door: <https://www.providencecatholic.org/faith-life/acts-hours/>
3. **Reflection paper:** A reflection paper is required in order to give you the opportunity to process the significance of your service experiences and to reflect upon any new insights that you may have had. Your reflection paper must be MLA formatted- be double-spaced in *Times New Roman* 12 pt font. The paper must be at least one but no more than two full pages in length. A correct MLA heading is also required for this paper.
4. **Reflection Paper Questions:**
General Questions: How did you feel when you were able to help your family or community? What response or reaction did you get from those you helped or assisted? How did you give of yourself?
Required questions: How have you lived out or experienced one or more of the Augustinian Values of Truth, Unity, and Love during your service project? How have you experienced and grown in one or more of the Virtues? (Cardinal Virtues/Theological Virtues) How have you experienced and grown in one or more of the gifts and/or fruits of the Holy Spirit?

Due Date: Service verification sheet and the reflection paper are due in your theology class by Tuesday, March 19, 2024. Please staple your paper on top of your service verification sheet. Failure to complete either requirement by the deadline will result in being served a detention and not advancing to the next grade until the requirement is completed.

Suggestions for Freshman ACTS Service Hours

HOME

Babysitting

Household duties: cleaning, laundry, gardening, improvement projects, etc.

Running errands, food shopping, assisting elderly members of your extended family, etc.

PROVIDENCE (5 hours maximum)

Academic or athletic camp volunteer

Preschool volunteer

Tutor

Guidance/Deans' Office/Library aide

Open House volunteer

Placement Test volunteer

Women's and Men's Club event volunteer

Retreat volunteer

PARISH/COMMUNITY

Homeless shelter volunteer

Summer mission trip attendee

Parish coach/babysitter

Parish event volunteer

Parish office volunteer

Mass volunteer (altar server, lector, Eucharistic minister, usher, etc.)

Nursing home volunteer

CCD teacher/aide

Food pantry volunteer

Vacation Bible School

If you have any questions or concerns, please feel free to stop by my classroom (Room 109) or send me an email at mcolbert@Providencecatholic.org

Mary Colbert