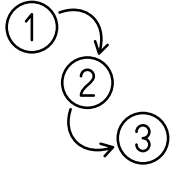
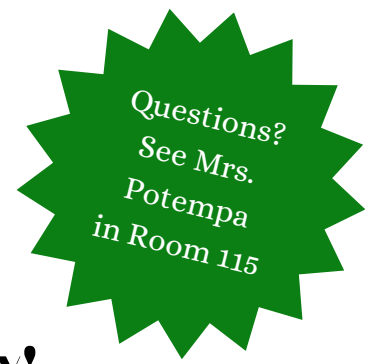




Sophomore ACTS Hours

Required Hours: 10 total
(no more than 5 at PCHS)
Due Date: March 25, 2025



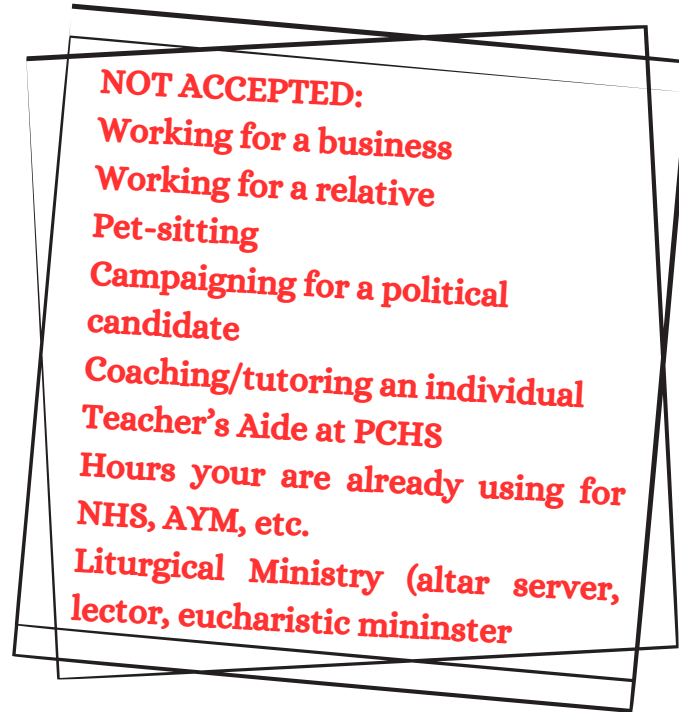
Step One: Complete your hours – start now!



Your 10 service hours must be completed for the benefit of your parish, school, or local community. You may complete no more than 5 hours at PCHS. All “outside” hours must be completed at a legitimate community organization or charity. Anything that is NOT on the pre-approved list must be approved by Mrs. Potempa. See me in Room 115 or reach out on Teams.

Pre-Approved:

- *Service for Providence Catholic – ONLY 5 hours of service may come from the service events at/for PCHS. For example: Library, Fashion Show, Dean’s Office, Pre-school, Open House, Band events, and athletic camps.
- *Hospitals
- *Animal shelters
- *Homes for the elderly – Nursing Homes
- *Assisted Living Facilities, e.g.: Trinity Services—Cornerstone— Victorian Village
- *Facilities/Shelters for the homeless
- *Re-sale shops that benefit a social cause—Nearly New Resale, Morningstar Mission, etc.
- *Churches (parish events/fundraisers/office help/parish clean- up or landscaping)
- *Religious Education/CCD (teacher or teacher’s aide)
- *Vacation Bible School
- *Schools—helping with Market Day, Setting up classrooms, etc. *Coaching or working the scoring table etc., at a grade school athletic events
- *Assisting/working Special Olympic or similar charity events *Public Libraries
- *Habitat Trip/Service Trips
- *Sharefest (counts as “outside” hours)
- *Northern IL Food Bank
- *Senior Citizens, Person with Disability, Single mom - shoveling snow or other physical labor (CANNOT BE A RELATIVE)



NOT ACCEPTED:
Working for a business
Working for a relative
Pet-sitting
Campaigning for a political candidate
Coaching/tutoring an individual
Teacher’s Aide at PCHS
Hours you are already using for NHS, AYM, etc.
Liturgical Ministry (altar server, lector, eucharistic minister)

**At Providence:
(5 hours MAX)
Summer Camps
Preschool helper
Sandwich Patrol
Fashion show (only 1 hour for modeling)
Open House
Retreat Helper
Freshman Welcome
BLC/Deans/Guidance Aide**



Step Two: Track and record your hours.

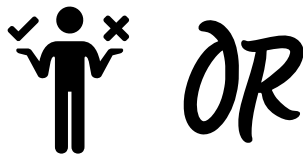
ALL STUDENTS: PRINT A SIGNATURE/VERIFICATION SHEET [HERE](#) AND FILL OUT THE [ONLINE FORM](#).



Step Three: Choose an option for reflection.



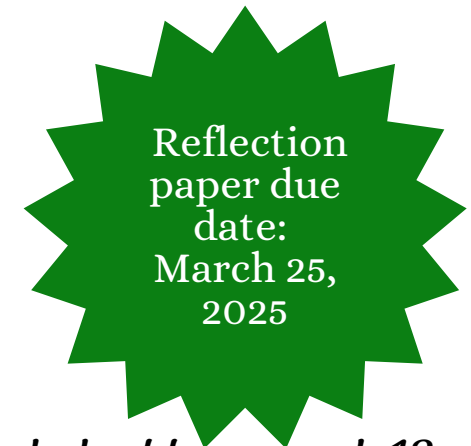
Done Early? Sign up for a reflection conversation (5- 10 minutes) with Mrs. Potempa. Bring a printed copy of your signature sheet to your meeting. This option must be completed before March 1st.



Submit your printed signature sheet and 1.5 - 2 page paper on or before March 25, 2025. See below for details on how to write the paper.



Conversation/
no paper
option:
Available until
March 3rd.



Reflection
paper due
date:
March 25,
2025

Writing your Paper: between 1.5 and 2 full pages, typed, double-spaced, 12 point font, no title page. MLA Heading with no extra blank lines between heading and title.

Introductory Paragraph: What did you actually do? Explain one or more of your service activities. Do not take more than ONE paragraph explaining the What, Where, When and How of your service experience.

Body paragraphs: (Answer 1 or more of these questions) *1. In serving others, what talents/gifts did you actually use? For example: physical gifts? Mental gifts? Emotional talents? Spiritual talents? *2. Connect your experience to something that you have studied/learned in any of your . *3. Explain your feelings that were present as you did your service/used your gift. *4. Explain what was difficult or easy for you during your service.

Conclusion paragraph: Explain how your serving experience impacted your faith. (Required) What new insights about people or yourself came out of your experience? Would you do this service again? Why? Or why not?

Proofread your paper for grammar and spelling errors. Papers that are deemed inadequate or do not meet the required length will be returned to be re-done.