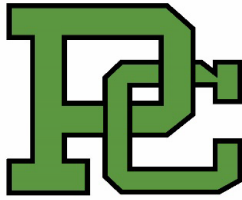


PROVIDENCE CATHOLIC HIGH SCHOOL ATHLETIC DEPARTMENT
1800 W. Lincoln Highway, New Lenox, IL 60451



Doug Ternik, Athletic Director
Mark Smith, Assistant Athletic Director
Sandy Arthurs, Athletic Administrative Assistant

815-717-3169
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2022 TRYOUTS/PRACTICES FOR FALL SPORTS

10TH, 11TH & 12TH GRADES MUST HAVE ATHLETIC PHYSICAL

After Aug. 8th you will not be allowed to practice without a physical turned in to your Coach or Athletic office.
(If the athletic physical is or was turned into the Main Office, it will be given to the Athletic Office.)

IMPORTANT - FRESHMEN DO NOT HAVE TO HAVE A SPORTS PHYSICAL –
THE DEPARTMENT OF HEALTH PHYSICAL GIVEN TO THE DEANS OFFICE WILL
SUFFICE THE REQUIREMENT

FOOTBALL

ALL LEVELS

Monday, August 8th – Friday August 12th – 4:00 P.M. Saturday, August 13th – 9:00 a.m.
T-Shirts, Shorts, Helmet and Football shoes.

GOLF – BOYS

ALL LEVELS

August 10th & 11th - 6:00 A.M. Meet at Mistwood Golf Course
(1700 W. Renwick Rd. Romeoville, IL)

GOLF – GIRLS

ALL LEVELS

August 8th - 3:00 P.M. August 9th - 3:00 P.M. August 10th – 3:00 P.M.
Woodruff Golf Course, 621 N. Gougar Rd. (Play 9 holes).

CROSS-COUNTRY

ALL LEVELS

BOYS - August 8th - 8:00-9:30 A.M.
GIRLS - August 8th & 9th 8-9:15 A.M. August 10th & 11th 3-4:15 P.M.
Practice on campus (Bring stopwatch, proper running shoes and attire for weather).

GIRLS TENNIS

Aug. 8th & 9th (**JV**) 9:00 – 11:00 A.M. (**Varsity**) 11:00 – 1:00 P.M.
At Providence Tennis Courts - Come dressed and ready to play.

GIRLS

VOLLEYBALL

MUST ATTEND BOTH DAYS.

VARSIY/FROSH August 8th & 9th 5:00 P.M – 7:00 P.M
SOPHS August 8th & 9th 3:00 P.M - 5:00 P.M
Team practices begin August 10th

BOYS SOCCER

ALL LEVELS

August 8th -10th 3:00-4:30 P.M. (**Must show up all three tryout days**)
(All players must bring shin guards, cleats and either indoor or running shoes.
Tryouts may be extended due to inclement weather or the coach's discretion.)
Practice will start on Sat. August 13th 8:00 - 10:00 A.M.
Starting the week of August 15th practices will be at 3:00 P.M.

