

PROVIDENCE CATHOLIC HIGH SCHOOL ATHLETIC DEPARTMENT
1800 W. Lincoln Highway, New Lenox, IL 60451



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2026 TRYOUTS/PRACTICES FOR FALL SPORTS

10TH, 11TH & 12TH GRADES MUST HAVE ATHLETIC PHYSICAL

After Aug. 12th you will not be allowed to practice without a physical uploaded ONLINE ON BLACKBAUD
(This is part of your Back-to-School Checklist).

IMPORTANT - FRESHMEN DO NOT HAVE TO HAVE A SEPARATE SPORTS
PHYSICAL – THE ILLNOIS DEPARTMENT OF HEALTH PHYSICAL WILL
SUFFICE THE REQUIREMENT

FOOTBALL

ALL LEVELS

Wednesday, August 5th – Friday August 7th – 3:00 P.M. Saturday, August 8th – 9:00 a.m.
T-Shirts, Shorts, Helmet and Football and gym shoes **(Pads will be used starting Thurs.)**

GOLF – BOYS

ALL LEVELS

August 10th & 11th - 6:30 A.M. at
Mistwood Golf Course 1700 W. Renwick Rd. Romeoville, IL

GOLF – GIRLS

ALL LEVELS

August 10th, 11th, and 12th at 3:00 pm.
Arrive by 2:30 pm.
Woodruff Golf Course, 621 N. Gougar Rd.

CROSS-COUNTRY

ALL LEVELS

BOYS - August 10th- 3:30P.M. -4:30 P.M.
GIRLS - August 10th - 3:30 P.M.- 4:30 P.M.
Practice on campus (Bring stopwatch, proper running shoes and attire for weather).

GIRLS TENNIS

Aug. 10th & 11th (**JV**) 3:00 P.M.- 5:00 P.M. (**Varsity**) Aug. 17-Aug. 21 3:30 – 5:30 P.M.
At Providence Tennis Courts - Come dressed and ready to play.

GIRLS

VOLLEYBALL

MUST ATTEND BOTH DAYS.

V	August 10 th & 11 th	8:00 A.M.-10:00 A.M.
JV	August 10 th & 11 th	9:00 A.M.-11:00 A.M.
FROSH	August 10 th & 11 th	3:00 P.M.-5:00 P.M.

Team practices begin August 12th with all levels going from 3-5pm

BOYS SOCCER

ALL LEVELS

Mon. Aug. 10- Fri. Aug. 14, 3:30pm-5:30pm, & Sat. Aug. 15th 8am-10am
There is a no cut policy. All players will make a team if they attend all tryout dates.
ALL LEVELS- Gougar Road Fields (must bring shin guards, cleats, flats, water, & a soccer ball). Must show up to all try out dates.
Starting the week of Aug. 17th practices will be 3:30 P.M.-5:30 P.M.

HOCKEY

ALL LEVELS

Week of Aug. 10. Contact Kevin Oliver for more information
koliver@providencecatholic.org.