

Providence Catholic High School Cheerleading Program



1800 W. Lincoln Highway • New Lenox, IL 60451 • (815) 485-2136 • www.providencecatholic.org
Cheerleading webpage: il.8to18.com/providence/activities/cheerleading/g

Tuesday, December 6, 2016 Jr. High Stunting Camp

Location: Providence Catholic High School
Grades: 6th-8th graders
Check-in: 4:15-4:30 PM in Cafeteria
Camp: 4:30-7:30 PM in Small Gym
Instructors: Providence Catholic Cheerleading Coaches and Cheerleaders
Fee: \$40 per participant includes a PCHS cheerleading tee shirt and season pass to PCHS home athletic events for the 2016-17 school year. **Registration and payment due by Nov. 18, 2016.**

This camp offers great instruction and preparation for those with aspirations to try out for a high school cheer program! This camp is designed to help young people learn the importance of team work, embrace their God-given talents, learn new stunting skills and strengthen their current skills. During the camp, participants will learn flyer stretches, proper stunting progression, technique and execution with the award-winning Providence Catholic High School cheerleading program. Individuals, stunt groups and teams are welcome. ****For stunt safety, please have finger nails cut to fingertips, remove all jewelry and have their hair pulled back in a ponytail. Wear athletic shoes with shoe laces, athletic shorts and a short-sleeve tee shirt that covers their shoulders.**** Camp participants should bring their own light snack and water. If you have any questions, please contact Varsity Cheer Coach, Laura Duesing: pchscheer@comcast.net

Help Us to Help Others

The PCHS cheerleaders pride themselves on their commitment to giving back to the community. Domestic Violence Shelters are in need of restocking their supplies. Please bring any small toiletry item--lotion, body wash, shampoo, conditioner, toothbrushes and toothpaste, deodorant etc.-- when you check in for the clinic. Thank you for being part of Providence Catholic's community spirit!

SHADOW DAYS

8th Graders (1st Semester)
7th & 8th Graders (2nd Semester)
Shadow a PCHS cheerleader

OPEN HOUSE

All families invited
Sunday, November 20, 2016
10 am - 2 pm

PLACEMENT EXAM

8th Graders
Saturday, January 14, 2017
8 am -11:30 am

Experience being a PCHS student for the day by shadowing a PCHS Cheerleader!

Register for a Shadow Day on-line at: <http://www.providencecatholic.org/admissions/shadow-days/>

Questions? Contact Rachel Ellingson, Enrollment Director, at (815) 717-3160.



Providence Catholic High School Cheerleading Program Registration Form for Dec. 6, 2016 Jr. High Stunting Camp

Return this registration form and \$40 clinic fee by Fri., Nov. 18, 2016.

PLEASE FILL OUT ONE FORM PER CHILD.

Participant's Last Name: _____ First Name: _____
School: _____ Grade: 6 7 8
Home Address: _____
City: _____ State: _____ ZIP: _____
Home Phone: _____ Email: _____
Parents/Guardians Names: _____
Home Telephone #: _____ Parent's Cell: _____
Parents/Guardian's Email Address: _____
Emergency Name #: _____ Emergency #: _____
Participant's Current School and/or Youth Team: _____
Participant's Tee Shirt Size: YS YM YL AS AM AL
I give permission for my child to participate in the Providence Catholic High School Stunting Camp.
Parent/Guardian Signature: _____ Date: _____

PLEASE MAIL YOUR REGISTRATION FORM AND PAYMENT TO:

Checks payable to: "Providence Catholic High School" with "Stunt Camp" in memo.

Mail to: Providence Catholic High School
Attention: Coach Laura Duesing – Dec. Stunt Camp
1800 W. Lincoln Highway
New Lenox, IL 60451

NOTE: Providence Catholic High School reserves the right to photograph participants for the purpose of marketing.