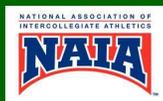


College Athletics Night 2017



Welcome to
Providence Catholic
College Athletics
Night 2017!

College Athletics Night 2017

- ◆ What is the purpose of this night?
 - Learn about requirements needed to become eligible to compete in college athletics
 - Learn of the rules that must be followed to maintain eligibility
 - Provide families with a glimpse into the recruiting process
 - Offer families key points to consider when selecting a college

NCAA		NAIA	
Men's Sports	Women's Sports	Men's Sports	Women's Sports
Baseball	Basketball	Baseball	Basketball
Basketball	Bowling	Basketball	Cross Country
Cross Country	Cross Country	Cross Country	Golf
Fencing	Field Hockey	Football	Indoor Track and Field
Football	Golf	Golf	Outdoor Track and Field
Golf	Gymnastics	Indoor Track and Field	Soccer
Ice Hockey	Ice Hockey	Outdoor Track and Field	Softball
Lacrosse	Lacrosse	Soccer	Swimming
Rifle	Rifle	Swimming/Diving	Tennis
Skiing	Rowing	Tennis	Volleyball
Soccer	Skiing	Wrestling	
Swimming/Diving	Soccer		
Tennis	Softball		
Indoor Track and Field	Swimming/Diving		
Outdoor Track and Field	Tennis		
Volleyball	Indoor Track and Field		
Water Polo	Outdoor Track and Field		
Wrestling	Volleyball		
	Water Polo		

NJCAA		
Fall Baseball	Spring Baseball	Basketball
Bowling	Cross Country	Football
Fall Golf	Spring Golf	Half Marathon
Ice Hockey	Indoor Track and Field	Spring Lacrosse
Fall Lacrosse	Outdoor Track and Field	Fall Softball
Spring Softball	Fall Soccer	Spring Soccer
Swimming and Diving	Fall Tennis	Spring Tennis
Fall Volleyball	Spring Volleyball	Wrestling

College Athletics Night 2017

- ◆ **IMPORTANT!**
- ◆ Not all of the information covered tonight will apply to your situation
- ◆ Pick out what applies to your potential situation and become familiar with it.

**Geared towards freshmen, sophomores and juniors

First Things First....

Requirements and Rules

Providence Catholic Graduation Requirements

- ◆ 4 years of Theology
- ◆ 4 years of English
- ◆ 3 years of Math
- ◆ 3 years of Lab Science
- ◆ 3 years of Social Studies
 - US History & Western Civ.
 - Class of 2020 - US History and American Government
- ◆ 2 years World Language
 - (Same & Consecutive)
- ◆ 1 year of Phys. Ed.
- ◆ ½ year of Health
- ◆ ½ year of Economics
- ◆ ½ year of Technology
- ◆ 22 credits Total



Providence Catholic courses recognized by the NCAA

- ◆ Click [here](#) to see the updated list of approved courses offered at Providence Catholic.
- ◆ Enter Code 142-375



NCAA Eligibility

Eligibility Requirements

NCAA Division I

Examples of Division I schools: University of Wisconsin-Madison,
University of Florida, Ohio State University, Illinois State University
[NCAA Division I Member Schools](#)

NCAA Division I

- Two ways to become eligible...
 - Early Certification (after junior year)
 - Regular Certification (after senior year)

NCAA Division I Early Certification Eligibility

Student-athletes who meet the following criteria after their junior year will be eligible to compete in NCAA Division I:

- Minimum sum score of 75 on the ACT. (Composite of 19 = Safe)
- Core-course GPA of 3.000 or higher in a minimum of 14 core courses:
 - 3 English
 - 2 Math
 - 2 Science
 - 2 Additional English, math or science
 - 5 Additional core course from any area (including social science or language)

NCAA Division I Eligibility Requirements

- 4 years of English
- 3 years of Math (Algebra I or higher)
- 2 years of Natural or Physical Science
- 1 year **extra** of English, Math, or Science
- 2 years of Social Science
- 4 years of extra core courses (from any previous category, foreign language, or world religions)
- Must complete a total of **16 core courses** to be eligible

NCAA Division I Eligibility (cont.)

- ◆ Full Qualifier
 - Student must complete the 16 core courses
 - ◆ 10 by the end of junior year (7 in eng, math, & sci)
 - Student must have a GPA of 2.3 or higher in those core courses
 - Student's ACT score must correspond to core GPA
 - pg. 2 of handout

NCAA Division I Eligibility (cont.)

- As a full qualifier, a student-athlete can:
 - Practice and compete during his or her first year of college
 - Receive an athletic scholarship during his or her first year of college
 - Play four seasons in a sport as long as eligibility is maintained from year to year.

NCAA Division I Eligibility (cont.)

- ◆ Academic Redshirt
 - Student completes the 16 core courses (10 by senior year)
 - Student has a GPA less than a 2.3 in those core courses
 - Student earns necessary ACT score that corresponds to GPA on sliding scale

NCAA Division I Eligibility (cont.)

- ◆ An academic redshirt can:
 - receive an athletic scholarship during freshman year
 - practice during freshman year
- ◆ An academic redshirt cannot:
 - compete during freshman year



NCAA Division I Eligibility (cont.)

- ◆ Non-Qualifier
 - A student-athlete that does not meet the core course requirement, or lacks both the GPA and ACT requirements
- ◆ As a non-qualifier, a student-athlete cannot:
 - receive athletic aid during freshman year
 - practice or compete during freshman year
- ◆ A non-qualifier may only be eligible to compete for three years

Eligibility Requirements

NCAA Division II

Examples of Division II schools: Lewis University, McKendree College, Quincy University, St. Joe's College (IN)

[NCAA Division II Member Schools](#)

NCAA Division II

- Two ways to become eligible...
 - Early Certification (after junior year)
 - Regular Certification (after senior year)

NCAA Division II Early Certification Eligibility

- Minimum sum ACT score of 85
(Comp. of 22= Safe)
- Core-course GPA of 3.00 or higher in a minimum of 12 core courses:
 - 3 English
 - 2 Math
 - 2 Science
 - 5 Additional core courses from any area (including language)



NCAA Division II Eligibility Requirements

- 3 years of English
- 2 years of Math (Algebra I or higher)
- 2 years of Natural or Physical Science
- 3 years extra of English, Math or Science
- ♦ 2 years of social science
- ♦ 4 years of years of extra core courses (from any previous category, foreign language, or world religions)
- ♦ Must complete a total of 16 core courses to be eligible

NCAA Division II Eligibility (cont.)

- ♦ Full Qualifier = same privileges as Division I FQ
 - Complete 16 core courses
 - Core course GPA of 2.20
 - ACT score must correspond to core GPA
 - pg. 4 of handout

NCAA Division II Eligibility (cont.)

- ♦ Partial Qualifier = same restrictions as Division I academic redshirt
- ♦ Complete 16 core courses
- ♦ Core course GPA of 2.0 – 2.199
- ♦ ACT score must correspond to core GPA

NCAA Division II Eligibility (cont.)

- ♦ Non Qualifier = same restrictions as Division I NQ
- ♦ Dis not meet the 16 core course requirement, or did not meet the minimum core GPA of 2.0

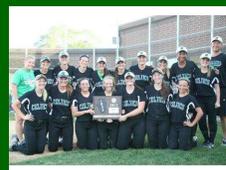
ACT Super Scoring

The NCAA will super score an ACT to help an athlete achieve the highest possible composite score.

Example of an ACT Super Score					
	English	Math	Reading	Science	Composite
Feb. 2017	22	25	23	23	23
Apr. 2017	21	24	20	26	23
Sept. 2017	21	22	24	22	22
Super Scoring Composite Score = 24					

Junior Year NCAA Eligibility Center Musts!!!

- ◆ Register with Eligibility Center during junior year
- ◆ Begin Amateurism Questionnaire after registering
- ◆ Make sure you are still on track to meet core-course requirements with corresponding GPA



Junior Year NCAA Eligibility Center Musts!!! (cont.)

- ◆ Send ACT scores directly to Eligibility Center by marking "9999" when registering for the ACT. The NCAA will not accept faxed scores or scores that appear on transcripts
- ◆ Stop into Counseling office to have official junior year transcripts sent
 - Release forms during JCP meetings



Senior Year NCAA Eligibility Center Musts!!!

- ◆ Make sure you are still on track to meet core-course requirements with corresponding GPA
- ◆ Complete the Amateurism Questionnaire after April 1st
- ◆ Stop into Counseling office in the spring to have official senior year transcripts sent to NCAA after graduation
 - If you attended any other high school, you need to contact the previous school to request transcripts to be sent



Ask Before You Act!! Amateurism Red Flags

- ◆ Signing a contract with a professional team
- ◆ Receiving money for participating in athletics.
- ◆ Receiving prize money above actual and necessary expenses
- ◆ Playing with professional athletes.
- ◆ Trying out, practicing or competing with a professional team.
- ◆ Receiving benefits from an agent or prospective agent.
- ◆ Agreeing to be represented by an agent.
- ◆ Participating in organized competition after your first opportunity to enroll in college.

Most Common Issues Delaying Eligibility

- ◆ Inaccurate or incomplete registration (\$\$\$)
- ◆ Not sending test scores directly from ACT
- ◆ Core GPA too low
- ◆ ACT score does not match up with core GPA

Where do we go to start this process?

- Register with the [NCAA Eligibility Center](#)
 - \$70 fee to register

Onto NCAA Division III...

- ◆ NCAA Division III schools do not use the Eligibility Center. Contact your Division III college regarding its policies on admission, financial aid, athletic practice and competition.

Examples of Division III schools:
Illinois Wesleyan University,
Washington University (Mo), Augustana
College, North Central College

[NCAA Division III Member Schools](#)



Eligibility Requirements

NAIA



Examples of NAIA schools: University of St. Francis, St. Xavier University, Olivet Nazarene University, St. Ambrose University

[NAIA Member Schools](#)

NAIA Eligibility



• Two ways to become eligible...

- Early Certification
- Regular Certification

NAIA Early Certification Eligibility

- ♦ A student may receive an early eligibility decision from NAIA if they have a:
 - Cumulative GPA of 3.0 and ACT of 18 or higher after junior year, or
 - Cumulative GPA of 2.5 and ACT of 18 or higher after midway through senior year

NAIA Eligibility Requirements

- ♦ To be eligible, a student must graduate from high school and meet 2 of the 3 requirements:
 - ACT Composite Score \geq 18
 - GPA 2.0
 - Finish in the top 50% of one's class
 - Providence does not rank



NAIA Eligibility Center Musts

- ◆ Register with NAIA by visiting playnaia.org
 - \$65 registration fee
- ◆ To finish registration with NAIA a student-athlete must:
 - Send ACT score directly to NAIA using code “9876” when registering
 - Send official transcripts to NAIA after junior and senior year

Junior College Eligibility

- ◆ The NJCAA defers to each respective conference and individual school to determine student-athlete eligibility due to the uniqueness of each individual situation.

[NJCAA Eligibility Questions & Answers](#)

Junior College Athletic Scholarships

- ◆ NJCAA has 3 divisions.
 - Division I may offer athletes full athletic scholarships
 - Division II colleges may only offer partial scholarships for tuition, fees and books
 - Division III colleges (i.e. JJC) cannot offer any scholarships for athletics.



Recruiting and Scholarships

Scholarships

Let's talk money first!

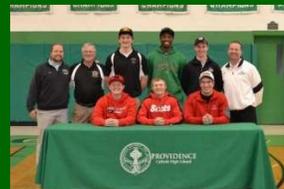
How do athletic scholarships work?

How much are they worth?

How many are available?

Athletic Scholarships

- ♦ Generally, athletic scholarships awarded by colleges are limited to one year and are renewable annually.
 - A couple of NCAA D-I schools offering 4 year scholarships, still rare.
- ♦ Athletic scholarships can be renewed for a max of 5 years

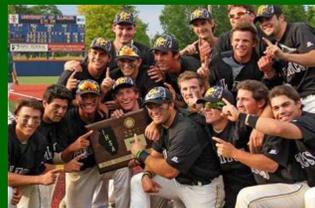


Athletic Scholarships

- ♦ Athletic scholarships are awarded in a variety of amounts, ranging from full scholarships (including tuition, fees, room and board and books) to very small awards (e.g., books only).
- ♦ NCAA D-III schools **do not** offer athletic scholarships but will often offer academic or leadership scholarships to reduce the cost of tuition.

NCAA Div. I & II Athletic Scholarships

- ♦ Available number of scholarships vary by:
 - Division
 - Sport
 - Men's and women's sports
 - A school's athletic budget



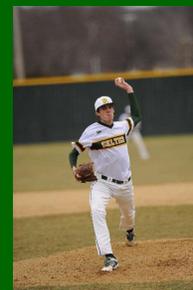
Available NCAA Scholarships Per School Awarded Annually

Sport	Division I	Division II
Football	85* (FBS)	36
Women's Softball	12	7.2
Men's Basketball	13*	10
Women's Basketball	15*	10
Men's Baseball	11.7	9
Women's Volleyball	12*	8

*Must offer full scholarships. No partial scholarships available.

Be Realistic!

- ◆ A 2013 NCAA study estimated that 2% of high school athletes are offered athletic scholarships to compete in college.



Estimated Probability of Competing in College Athletics

	High School Participants	NCAA Participants	Overall % HS to NCAA	% HS to NCAA Division I	% HS to NCAA Division II	% HS to NCAA Division III
Men						
Baseball	488,567	34,198	7.0%	2.1%	2.2%	2.7%
Basketball	541,479	18,897	3.5%	1.0%	1.0%	1.4%
Cross Country	250,981	14,330	5.7%	1.9%	1.4%	2.3%
Football	1,083,817	72,788	6.7%	2.8%	1.8%	2.4%
Golf	148,823	8,854	5.9%	2.0%	1.7%	2.1%
Ice Hockey	38,875	4,071	11.3%	4.8%	0.5%	6.3%
Lacrosse	108,450	13,165	12.1%	2.9%	2.2%	7.1%
Soccer	432,869	24,477	5.7%	1.3%	1.3%	2.8%
Swimming	137,087	9,715	7.1%	2.8%	1.1%	3.2%
Tennis	157,240	8,211	5.2%	1.7%	1.1%	2.4%
Track & Field	578,832	28,177	4.9%	1.9%	1.2%	1.7%
Volleyball	84,418	1,818	3.3%	0.7%	0.5%	1.8%
Water Polo	31,828	1,044	4.8%	2.8%	0.7%	1.5%
Wrestling	258,208	7,049	2.7%	1.0%	0.7%	1.0%
Women						
Basketball	438,104	18,588	4.3%	1.2%	1.1%	1.8%
Cross Country	221,816	16,150	7.3%	2.7%	1.7%	2.8%
Field Hockey	80,540	5,894	7.3%	2.8%	1.2%	5.7%
Golf	72,582	5,221	7.2%	3.0%	2.1%	2.1%
Ice Hockey	8,418	2,175	23.1%	9.0%	1.1%	13.1%
Lacrosse	84,788	10,994	13.0%	3.7%	2.5%	6.7%
Soccer	375,981	26,960	7.2%	2.4%	1.9%	2.9%
Softball	364,103	18,828	5.2%	1.7%	1.8%	2.1%
Swimming	168,838	12,428	7.4%	3.2%	1.1%	3.1%
Tennis	182,878	8,960	4.9%	1.8%	1.1%	2.2%
Track & Field	478,728	26,797	6.0%	2.7%	1.9%	1.8%
Volleyball	432,176	17,028	3.9%	1.2%	1.2%	1.6%
Water Polo	18,204	1,152	6.0%	3.8%	1.1%	1.4%

Sources: High school figures from the 2014-15 High School Athletics Participation Survey conducted by the National Federation of State High School Associations. College numbers from the NCAA 2014-15 Sports Sponsorship and Participation Data Report.

Other Forms of Financial Aid

- ◆ Non-athletic scholarships
 - Academic scholarships from the college
 - Most likely to receive from private colleges and universities
 - State schools are less likely to give out scholarships for academics but some will bundle with athletic money.
 - Private scholarships from H.S, community organizations, and websites (i.e. www.fastweb.com)
 - Private grants and loans from college

Other Forms of Financial Aid (cont.)

- ◆ Federal Financial Aid (FAFSA)
 - Fill out beginning October 1 of Senior year
- ◆ Forms of Financial Aid
 - Work Study Programs
 - Loans
 - Grants
- ◆ These topics will be covered in greater detail by Providence Catholic college counselor, Mr. Frank Palmasani, at our *Conquering College Costs* presentation in October 2017



Recruiting and Scholarships

Recruiting Process

Recruiting Process

- Understanding Limitations
 - Realistic conversations with HS coaches
 - Compare notes to what travel coaches tell you
 - Make sure travel coaches intentions are good
 - This should guide you as you begin your recruiting process

- For 90% of the student athletes the process should begin at D III or NAIA level and work up
- Problem because most kids start search with D I and work backwards
- Don't want to end up working backwards and settling for a school at last minute

Recruiting Process

Understanding Limitations cont...

- Know difference between general interest and legitimate interest
 - General letter vs. hand-written letter
 - Camp invitation does not necessarily equal strong interest.

College Athletics Night 2017

- Pick a school because of the school!!!
 - Best fit academically, financially, socially, and athletically. (JCP meetings)
 - Do not choose a school solely because of the athletic program, its facilities, or because you like the coach.
 - Injuries happen
 - Coaches leave

Recruiting Process

Do your Research...

- Naviance
- College Reps/College Fairs
- Visit Campus
- Talk to Coaches

Recruiting Process

Communicate!

- Communicate with H.S. coaches
 - Who you've contacted
 - Where you are interested
 - Good fit athletically?
- Communicate with counselor

Recruiting Process

What is a commitment?

- Verbal agreement that you would like to play for a program
- Many times commitments follow scholarship offers (athletic or academic)

Recruiting Process

Commitments and scholarship offers are not binding

- Player or coach can back out at any time
 - Not as common from a coach = bad rep
- Reasons for coach to pull offer
 - Grades
 - Behavior/Attitude (sports/around school, they ask HS coaches)
 - Social Media!!!
- Offer or commitment does not equal acceptance to college
 - You must have the grades

Recruiting Process

Committing Early

- Do your due diligence before committing
 - Visit campus- talk to players and other coaches
 - Review history of coach and program- trending, troubled past
 - Check roster- classes, location
 - Non-binding but other interest and offers will stop

Final Notes for Parents and Students



- ♦ Communicate!!!
 - Parents and athletes must communicate with coaches about plans
 - Talk to the counselor
 - Keep HS coaches involved in recruiting process
- ♦ Visit all schools and make sure academics come first
- ♦ Be Realistic with yourself!
- ♦ Be leery of anyone that guarantees a scholarship

Helpful Websites for Parents and Students

- ◆ Click on the links below for more information
- ◆ [NCAA Eligibility Center](#)
- ◆ [NCAA Resource Center](#)
- ◆ [NAIA Eligibility Center](#)
- ◆ [NCAA.org](#)
 - [NCAA Probability Chart](#)
 - [NCAA Recruiting Calendars](#)
- ◆ [National Letter of Intent](#)
- ◆ [NCAA scholarship information](#)



NCAA Night 2017



Q&A Session

Thank you for coming & have a great evening!